



# LEARN TO TEACH PILATES

at

## Vault FITNESS



### Beginner Mat Pilates

- Apr 29-30, 2023  
Sat 1030am-630pm / Sun 930am-530pm

### Comprehensive Mat & Apparatus Program

- June 10-11, 2023
  - July 15-16, 2023
  - Aug 19-20, 2023
  - Sept 23-24, 2023
  - Oct 21-22, 2023
- Sat / Sun 930am-630pm

### Location

Vault Fitness Boca Raton  
9930 Clint Moore Rd. D101  
Boca Raton, FL 33496  
www.vault.fit

The Beginner Mat is a 16 hour course that lays the foundation for a career in Pilates. By the end of the weekend, you will have the knowledge and skills to teach a Beginner Mat Pilates class.

The Comprehensive Mat & Apparatus training program educates you to teach private and group sessions on the Classical Pilates apparatus: the Reformer, Cadillac, High Chair, Wunda Chair, Ladder Barrel, Spine Corrector, Magic Circle, Pedipul, and more.

You will have the knowledge to train individuals of any age, gender, fitness level, or physical condition. The training fee includes manual, training weekends, test-outs, meetings, observation/practice hours, and online videos.

### Pricing

\$500 Beginner Mat  
\$4,500 Comprehensive Apparatus Program  
\$5,000 Total



**Student discount & payment plan available!**

### For Information and/or Sign-up

Contact [info@classicalpilateseducation.com](mailto:info@classicalpilateseducation.com)



CLASSICAL PILATES EDUCATION



[WWW.CLASSICALPILATESEDUCATION.COM](http://WWW.CLASSICALPILATESEDUCATION.COM)