



# LEARN TO TEACH PILATES

at Intentions Pilates  
& Wellness Spa

## Beginner Mat Pilates

• Jul 28-30

**Fri 1-6pm, Sat 12-5pm, Sun 10-4pm**

## Comprehensive Mat & Apparatus Program

- Aug 25-27
- Sept 29-Oct 1
- Oct 27-29
- Dec 1-3
- Jan 5-7

**Fri 1-6pm, Sat 12-5pm, Sun 10-4pm**

## Location

Intentions Pilates & Wellness Spa  
5459 North Federal Highway  
Fort Lauderdale, FL 33308  
[www.intentionspws.com](http://www.intentionspws.com)  
[intentionspws@gmail.com](mailto:intentionspws@gmail.com)  
Phone: 954-415-0885

A 16 hour course that will lay the foundation for a career in Pilates. By the end of the weekend, you will have the knowledge and skills to teach a Beginner Mat Pilates class.

This training program certifies you to teach private and group sessions on the Classical Pilates apparatus: the Reformer, Cadillac, High Chair, Wunda Chair, Ladder Barrel, Spine Corrector, Magic Circle, Pedipul, and more.

You will have the knowledge to train individuals of any age, gender, fitness level, or physical condition. The training fee includes manual, training weekends, test-outs, meetings, observation/practice hours, and online videos.

## Pricing

\$500 Beginner Mat  
\$4,500 Comprehensive Apparatus Program  
\$5,000 Total



**Student discount & payment plan available!**

## For Information and/or Sign-up

Contact [info@classicalpilateseducation.com](mailto:info@classicalpilateseducation.com)



**Eva Orlando**  
Studio Owner



**Tanya Failla Clark**  
Teacher Trainer



CLASSICAL PILATES EDUCATION

EARLY BIRD  
DISCOUNT  
**\$500 OFF**

Register prior to  
August 1, 2023

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