

LEARN TO TEACH PILATES

at Apex Pilates

Beginner Mat

- Jan 10-11, 2026 Sat 9:30 am - 5:30 pm
 Sun 10:00 am - 6:00 pm

A 16 hour course that will lay the foundation for a career in Pilates. By the end of the weekend, you will have the knowledge and skills to teach a Beginner Mat Pilates class.

Comprehensive Apparatus

- Feb 7-8, 2026 Sat 9:30 am - 6:30 pm
- Mar 7-8, 2026 Sun 10:00 am - 6:00 pm
- Apr 11-12, 2026
- May 15-16, 2026
- Jun 6-7, 2026

A 600 hour program certifies you to teach private and group sessions on the Classical Pilates apparatus: the Reformer, Cadillac, High Chair, Wunda Chair, Ladder Barrel, Spine Corrector, Magic Circle, Pedipul, and more. You will have the knowledge to train individuals of any age, gender, fitness level, or physical condition. The training fee includes manual, training weekends, test-outs, meetings, observation/practice hours, and online videos.

PRICING

\$500 | Beginner Mat

\$5,000 | Comprehensive Apparatus Program

\$5,500 | Total Course Fee

TO REGISTER - OR - FOR MORE INFO

Email : info@classicalpilateseducation.com

EARLY BIRD DISCOUNT

*Register by 1/15/2026 for a \$500 Discount!

PAYMENT PLAN \$500/month, no interest

SCHOLARSHIPS & STUDENT DISCOUNTS OFFERED

STUDIO

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Jamie Sharpe
Teacher Trainer



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