

LEARN TO TEACH PILATES at ESSENTIAL MVMT



Stuart Browning
Teacher Trainer
& Studio Owner

Bambi Watt
Teacher Trainer

BEGINNER MAT & PROPS

SEPT 12-13, 2026

Sat/Sun 9 - 6 pm

INTERMEDIATE / ADVANCED MAT

OCT 3-4, 2026

Sat/Sun 9 - 6 pm

COMPREHENSIVE APPARATUS

OCT 3-4, 2026

Sat/Sun 9 - 6 pm

NOV 7-8, 2026

DEC 5-6, 2026

JAN 9-10, 2027

FEB 6-7, 2027

**EARLY BIRD
DISCOUNT
\$500 OFF**

*Comprehensive
Register by Sept 15th

PRICING

- \$500 Beginner Mat & Props
- \$1200 Complete Mat
* Beginner, Intermediate, Advanced
- \$5500 Complete Mat & Comprehensive Apparatus
- \$4000 Bridge Complete Mat & Comprehensive
* must be previously comprehensively trained

EMAIL TO REGISTER / INFO
info@classicalpilateseducation.com



ESSENTIAL

MVMT

3394 Morgan Dr, Vestavia Hills, AL 35216